

Adventist Health Delano

2019 Community Health Plan Annual Update



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Adventist Health Overview

Adventist Health Delano is an affiliate of Adventist Health, a faith-based, nonprofit integrated health system serving more than 80 communities on the West Coast and Hawaii.



OUR MISSION:

Living God’s love by inspiring health, wholeness and hope.

OUR VISION:

We will transform the health experience of our communities by improving health, enhancing interactions and making care more accessible.

Adventist Health entities include:

- 22 hospitals with more than 3,200 beds
- More than 280 clinics (hospital-based, rural health and physician clinics)
- 13 home care agencies and seven hospice agencies
- Four joint-venture retirement centers
- Compassionate and talented team of 35,000 includes associates, medical staff physicians, allied health professionals and volunteers

We owe much of our heritage and organizational success to the Seventh-day Adventist Church, which has long been a promoter of prevention and whole person care. Inspired by our belief in the loving and healing power of Jesus Christ, we aim to bring physical, mental and spiritual health and healing to our neighbors of all faiths. Every individual, regardless of his/her personal beliefs, is welcome in our facilities. We are also eager to partner with members of other faiths to enhance the health of the communities we serve.

Our commitment to quality health care stems from our heritage, which dates back to 1866 when the first Seventh-day Adventist health care facility opened in Battle Creek, Michigan. There, dedicated pioneers promoted the “radical” concepts of proper nutrition, exercise and sanitation. Early on, the facility was devoted to prevention as well as healing. They called it a sanitarium, a place where patients—and their families—could learn to be well.

More than a century later, the health care system sponsored by the Seventh-day Adventist Church circles the globe with more than 170 hospitals and more than 500 clinics, nursing homes and dispensaries worldwide. And the same vision to treat the whole person—mind, body and spirit—continues to provide the foundation for our progressive approach to health care.

Letter from the President

Dear Friends and Colleagues:

Living God's love by inspiring health, wholeness, and hope is our mission. We focus on a person's physical health, mental health, and spiritual health. Adventist Health Delano promotes positive lifestyle choices that support optimal health, prevent or reverse illness, and effectively manage chronic disease.

Through our mission, we are recognized as leaders in rural health and are working diligently on creating a healthier community. Adventist Health Delano is partnering for the advancement of hospital and rural clinic services.

Through the Community Health Needs Assessment, we looked at the community's needs and initiate areas of focus.

Then we prioritize and partner with other organizations across the county to drive results through our Community Health Plan. The three key areas identified through our process are:

- 1. Expanding Access to Care**
- 2. Chronic Disease Prevention (i.e., Diabetes)**
- 3. Identifying and Addressing Food security**

Our Community Health Plan outlines the steps Adventist Health Delano will be taking in the coming years and beyond. Adventist Health is a community leader and active partner collaborating with community groups and organizations, making our community a better place to live. The goal is to help create a healthier, more vibrant, and resilient community.

Adventist Health specializes in expanding services in communities such as Delano and Wasco. Our leaders have already committed to building a new birth center in Delano.

In our Community Health Plan, you'll see where we've been on our journey, and perhaps more importantly, where we still want to go.

Stay Well,

David Butler

President

Hospital Identifying Information



Mailing Address:

1401 Garces Hwy
Delano, CA 93215

Contact Information:

Matthew Cauthron
Director of Community Integration, Partnerships, & Philanthropy
661-721-5210

Existing health care facilities that can respond to the health needs of the community:

- Adventist Health Delano
- Adventist Health Medical Office (Women's Health)
- Delano Urgent Care
- Wasco Medical Plaza & Urgent Care
- AH Delano Wound Care Center

Community Health Development Team



David Butler

President



Matthew Cauthron

Director of Community Integration,
Partnerships & Philanthropy

CHNA/Implementation Strategy contact:

Matthew Cauthron
Director of Community Integration
661-721-5210
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Request a paper copy from Administration/President's office. To provide comments or view electronic copies of current and previous community health needs assessments go to: <https://www.adventisthealth.org/about-us/community-benefit/>

Invitation to a Healthier Community

Fulfilling the Adventist Health Mission

Where and how we live is vital to our health. We recognize that health status is a product of multiple factors. To comprehensively address the needs of our community, we must take into account health behaviors and risks, the physical environment, the health system, and social determinant of health. Each component influences the next and through strategic and collective action improved health can be achieved.

The Community Health Plan (Implementation Strategy) marks the second phase in a collaborative effort to systematically investigate and identify our community's most pressing needs. After a thorough review of health status in our community through the Community Health Needs Assessment (CHNA), we identified areas that we could address through the use of our resources, expertise, and community partners. Through these actions and relationships, we aim to empower our community and fulfill our mission, "to share God's love by providing physical, mental and spiritual healing."

Identified Community Needs

The results of the CHNA guided the creation of this document and aided us in how we could best provide for our community and the most vulnerable among us. As a result, Adventist Medical Delano has adopted the following priority areas for our community health investments for 2017-2019:

- Access to health care
- Food Insecurity
- Chronic Illnesses

Additionally, we engage in a process of continuous quality improvement, whereby we ask the following questions for each priority area:

- Do our interventions make a difference in improving health outcomes?
- Are we providing the appropriate resources in the appropriate locations?
- What changes or collaborations within our system need to be made?
- How are we using technology to track our health improvements and provide relevant feedback at the local level?
- Do we have the resources as a region to elevate the population's health status?

Building a healthy community requires multiple stakeholders working together with a common purpose. We invite you to explore how we intend to address health challenges in our community and partner to achieve change. More importantly though, we hope you imagine a healthier region and work with us to find solutions across a broad range of sectors to create communities we all want for ourselves and our families.

2019 Community Benefit Update

In 2016 Adventist Health Delano conducted a community health needs assessment and was followed by a 2017 Community Health Plan (Implementation Strategy) that identified the priority needs listed below. The prioritized needs were chosen based on community health data and the voices of our community. Working together with our community is key to achieving the necessary health improvements to create the communities that allow each member to have safe and healthy places to live, learn, work, play, and pray. Below you will find an inventory of additional interventions supporting the health of our communities.

Priority Need – Access to health care

Adventist Health Delano successfully partnered and facilitated **preventative health screenings and education** consisting of Blood Pressure checks, Glucose, and Body Mass Index (BMI). These screenings provided baseline numbers to the local population, while providing education and referrals for care as needed.

- Number of Community Members Served: **1,027**

Adventist Health Delano partnered with the local Delano Union School District and Central Valley Farmworker’s Foundation to administer 900 free **Flu vaccines** to the underserved residents of Delano.

- Number of Community Members Served: **900**

Adventist Health Delano, in partnership with the Central Valley Farmworker’s Foundation provided **Complimentary Health Visits** to underserved farm laborer’s in Kern/Tulare County.

- Number of Community Members Served: **412**

Partners

- Delano Union School District
- Delano Community Alliance
- Central Valley Farmworker’s Foundation
- City of Delano

Priority Need – Food Insecurity

AHDL successfully hosted and provided **free community food distributions** along with education on healthy alternatives to residents of Delano, McFarland and Wasco. Education consisted of healthy ingredient alternatives and food preservation methods.

- Number of Community Members Served: **2,408**

AHDL partnered with local organizations to **promote screening for food insecurity** at strategic intake points while offering sign-up assistance for public programs that increase access to food.

- Number of Community Members Served: **3,800**

AHDL provides free access to **Delano's Community Garden**, allowing community members the opportunity to grow, harvest, and consume their own healthy produce and vegetables.

- Number of Community Members Served: **50 families**

Partners –

- City of Delano
- Community Action Partnership of Kern
- Delano School District
- Kern County Public Health

Priority Need - Chronic Diseases, including Overweight and Obesity

AHDL provided free community **Diabetic and Heart Health Seminars** in both English and Spanish. Seminars were held on a monthly basis and provided free dinner along with diet education.

- Number of Community Members Served: **540**

Adventist Health Delano successfully partnered and facilitated **preventative health screenings and education** consisting of Blood Pressure checks, Glucose, and Body Mass Index (BMI). These screenings provided baseline numbers to the local population, while providing education and referrals

- Number of Community Members Served: **1,027**

AHDL partnered with local media partners including local newspapers to promote **Diabetic education** along with tips on promoting a healthy lifestyle.

- Number of Community Members Served: **20,000 +**

Partners –

- **Delano Union School District**
- **Central Valley Farmworker’s Foundation**
- **Delano Rotary**
- **Kern County Public Health**

Connecting Strategy and Community Health

As hospitals move toward population health management, community health interventions are a key element in achieving the overall goals of reducing the overall cost of health care, improving the health of the population, and improving access to affordable health services for the community both in outpatient and community settings. The key factor in improving quality and efficiency of the care hospitals provide is to include the larger community they serve as a part of their overall strategy.

Health systems must now step outside of the traditional roles of hospitals to begin to address the social, economic, and environmental conditions that contribute to poor health in the communities we serve. Bold leadership is required from our administrators, healthcare providers, and governing boards to meet the pressing health challenges we face as a nation. These challenges include a paradigm shift in how hospitals and health systems are positioning themselves and their strategies for success in a new payment environment. This will impact everyone in a community and will require shared responsibility among all stakeholders.

Population health is not just the overall health of a population but also includes the distribution of health. Overall health could be quite high if the majority of the population is relatively healthy—even though a minority of the population is much less healthy. Ideally such differences would be eliminated or at least substantially reduced.

Community health can serve as a strategic platform to improve the health outcomes of a defined group of people, concentrating on three correlated stages:

- 1) The distribution of specific health statuses and outcomes within a population;
- 2) Factors that cause the present outcomes distribution; and
- 3) Interventions that may modify the factors to improve health outcomes.

Improving population health requires effective initiatives to:

- 1) Increase the prevalence of evidence-based preventive health services and preventive health behaviors,
- 2) Improve care quality and patient safety and
- 3) Advance care coordination across the health care continuum.

Our mission as a health system is to share God's love by providing physical, mental and spiritual healing and we believe the best way to re-imagine our future business model with a major emphasis of community health is by working together with our community.

Community Benefit & Economic Value for Prior Year

Our community benefit work is rooted deep within our mission, with a recent recommitment of deep community engagement within each of our ministries.

We have also incorporated our community benefit work to be an extension of our care continuum. Our strategic investments in our community are focused on a more planned, proactive approach to community health. The basic issue of good stewardship is making optimal use of limited charitable funds. Defaulting to charity care in our emergency rooms for the most vulnerable is not consistent with our mission. An upstream and more proactive and strategic allocation of resources enables us to help low-income populations avoid preventable pain and suffering; in turn allowing the reallocation of funds to serve an increasing number of people experiencing health disparities.

Adventist Health Delano Year 2019

	Community Benefit
Traditional charity care	\$1,280,141
Public programs - Medicaid	\$13,519,400
Medicare	
Other means-tested government programs (Indigent care)	
Community health improvement services	\$48,954
Health professions education	
Non-billed and subsidized health services	
Generalizable Research	
Cash and in-kind contributions for community benefit	\$18,800
Community building activities	\$762,908
TOTAL COMMUNITY BENEFITS	\$15,630,203