

Simi Valley Hospital

2017 Community Health Plan
(Implementation Strategy)
2016 Update/Annual Report

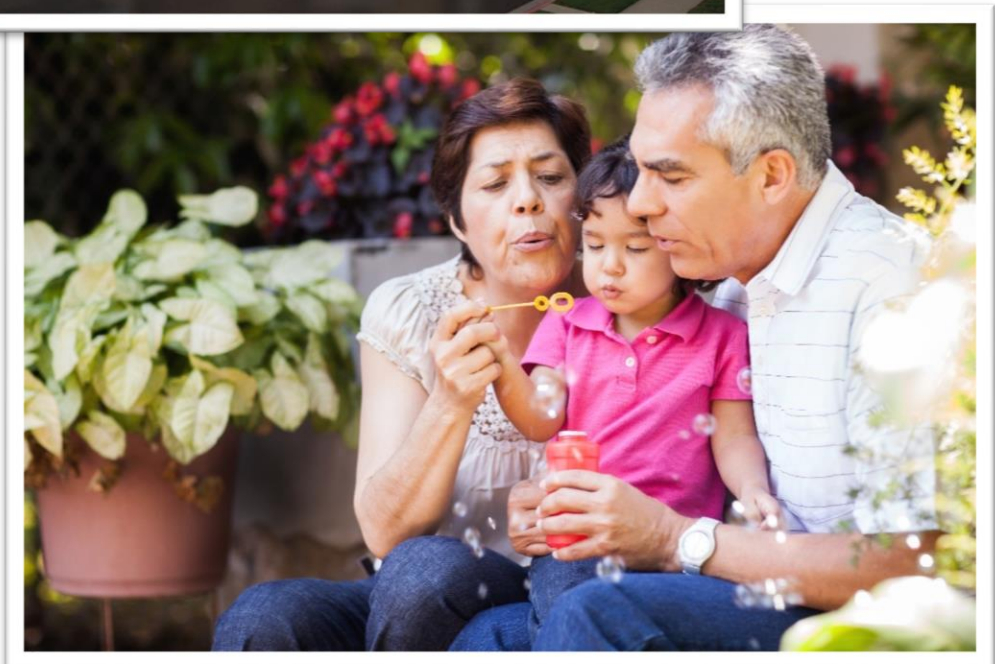


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Adventist Health Overview

Simi Valley Hospital is an affiliate of Adventist Health, a faith-based, nonprofit, integrated health system headquartered in Roseville, California. We provide compassionate care in more than 75 communities throughout California, Hawaii, Oregon and Washington.



OUR MISSION:

Living God's love by inspiring health, wholeness and hope.

OUR VISION:

Adventist Health will be a recognized leader in mission focus, quality care and fiscal strength.

Adventist Health entities include:

- 20 hospitals with more than 2,700 beds
- More than 260 clinics (hospital-based, rural health and physician clinics)
- 15 home care agencies and seven hospice agencies
- Four joint-venture retirement centers
- Workforce of 32,900 includes more than 23,600 employees; 5,000 medical staff physicians; and 4,350 volunteers

We owe much of our heritage and organizational success to the Seventh-day Adventist Church, which has long been a promoter of prevention and whole person care. Inspired by our belief in the loving and healing power of Jesus Christ, we aim to bring physical, mental and spiritual health and healing to our neighbors of all faiths. Every individual, regardless of his/her personal beliefs, is welcome in our facilities. We are also eager to partner with members of other faiths to enhance the health of the communities we serve.

Our commitment to quality health care stems from our heritage, which dates back to 1866 when the first Seventh-day Adventist health care facility opened in Battle Creek, Michigan. There, dedicated pioneers promoted the “radical” concepts of proper nutrition, exercise and sanitation. Early on, the facility was devoted to prevention as well as healing. They called it a sanitarium, a place where patients—and their families—could learn to be well.

More than a century later, the health care system sponsored by the Seventh-day Adventist Church circles the globe with more than 170 hospitals and more than 500 clinics, nursing homes and dispensaries worldwide. And the same vision to treat the whole person—mind, body and spirit—continues to provide the foundation for our progressive approach to health care.

Letter from the CEO



Dear Friends and Colleagues,

I personally know the pain of losing a loved one to cancer. It is a journey that stretches your heart and your resources past what you ever thought you could bear. In our communities of Simi Valley and Moorpark, cancer is the leading cause of death. This stark fact is more than a number on a page; it represents individual lives—husbands, mothers, friends, colleagues. Cancer robs our community and hurts us more than we can measure.

Of all the cancers diagnosed in our county, lung cancer is responsible for the most deaths. In response to this data, Simi Valley Hospital is launching a lung cancer screening program this year, and we are looking forward to finding ways to offer screening to the people who need it the most.

This initiative will join Simi Valley Hospital's many other cancer-related efforts:

- Our nurse navigators help cancer patients make it through the emotional and often confusing journey of treatment and recovery—a service they provide to anyone, regardless of where the patient is receiving care.
- We host, fund and promote support groups that are free to all.
- We provide hospital-based palliative care to help our cancer patients cope with the serious and often difficult health issues that accompany their diagnosis.
- We offer free grief counseling and support.
- We host an annual Cancer Survivors Day.
- We provide education and health articles to raise awareness.
- We sponsor local nonprofit organizations that help our community when they need it most.
- Our Patient Financial Services team works with patients and their loved ones to understand their medical bills and answer any questions they have.

In addition, Simi Valley Hospital is on its way to becoming an accredited cancer center, which will enable us to better serve members of our community who find themselves traveling the path of cancer treatment and recovery.

Sometimes, people need care that is out of reach for them. The reasons can vary. The care they need may be too far away, they may need a specialist who doesn't practice in this area, or they may be limited by their own physical circumstances. Simi Valley Hospital continually assesses the gaps and makes the resolution of these needs a fundamental part of our strategic planning. Our community needs more surgeons, more psychiatry, more wellness and prevention programs, and a variety of other services that can be difficult to get close to home.

We are actively recruiting psychiatrists to our community, opening an urgent care center in Moorpark, and expanding our service lines to include more education, prevention and wellness activities. In addition, we are supporting a clinically integrated network, which offers a continuum of care that provides a better experience for patients and, ultimately, enhances their health and wellness.

Diabetes and its complications are behind many of the medical issues we see at the hospital. For instance, it often contributes to heart disease, which is the second-leading cause of death in our community. The growth of diabetes in our community is staggering and leads to decades of poor health. People with diabetes can benefit from exercise, nutrition counseling, and help with breaking habits such as smoking and using recreational drugs and alcohol.

Simi Valley Hospital is working with community nonprofits to offer real interventions that can address these areas of need. We are looking forward to reporting and sharing our success in these endeavors in the years ahead. Though we're just at the beginning of this journey toward providing more opportunities for wellness and prevention, we are deeply committed to investing in life-enhancing programs that will encourage kids to exercise and cook at home, and will help their parents make healthier choices.

We are seeking opportunities to support community sports programs, as well as community events that center around exercise and family fun activities. Our goal in 2017 is to transform the way we fund our nonprofit partners by focusing on specific and measurable actions that will improve the health of our community.

Perhaps our most serious and important community challenge is the continued growth in mental health and substance abuse issues. Our desire is to take the lead in helping our community get better at preventing these problems—catching them before they have a chance to take root. By investing in education and programs in exercise and nutrition, we believe we can help some of those who would have otherwise been at risk to avoid that destructive path.

We must invest in more resources for people who need counseling and psychiatric care. In addition to the two psychiatrists we are recruiting to the community this year, we are working on care plans for patients who come to us with mental health and/or substance abuse issues. It is vital that we work closely with our community partners to find solutions to address the current crisis and prevent future problems.

I am honored to be the president and CEO of Simi Valley Hospital during this time of transition in health care delivery. My dream is for our hospital to be a partner and a beacon in our community, bringing hope and healing to the broken.

Jennifer Swenson
President & Chief Executive Officer

Simi Valley Hospital Information



Number of Beds: 144

Mailing Address:

2975 North Sycamore Drive
Simi Valley, CA 93065

Contact Information:

Kathryn Stiles
Director of Marketing and Communication
805-955-7080

Existing health care facilities that can respond to the health needs of the community:

- Clinicas del Camino Real, Inc.
- Community Memorial Health System
- Comprehensive Community Health Centers, Inc.
- El Proyecto del Barrio
- Free Clinic of Simi Valley
- Northeast Valley Health Corporation
- Sierra Vista Family Medical Center
- Simi Valley Hospital
- Ventura County Health Care Agency

Community Health Development Team



Jennifer Swenson

President & Chief Executive Officer

Kathryn Stiles

Director of Marketing and Communication



Laura Magness

Sr. Marketing and Communication Specialist

CHNA/CHP contact:

Kathryn M. Stiles

Director of Marketing and Communications

stileskm@ah.org

To request a copy, provide comments or view electronic copies of current and previous community health needs assessments:
<https://www.adventisthealth.org/pages/about-us/community-health-needs-assessments.aspx> or
[AdventistHealth.org/communitybenefit](https://www.adventisthealth.org/communitybenefit)

Invitation to a Healthier Community

Fulfilling AH 's Mission

Where and how we live is vital to our health. We recognize that health status is a product of multiple factors. To comprehensively address the needs of our community, we must take into account health behaviors and risks, the physical environment, the health system, and social determinant of health. Each component influences the next and through strategic and collective action improved health can be achieved.

The Community Health Plan marks the second phase in a collaborative effort to systematically investigate and identify our community's most pressing needs. After a thorough review of health status in our community through the Community Health Needs Assessment (CHNA), we identified areas that we could address through the use of our resources, expertise, and community partners. Through these actions and relationships, we aim to empower our community and fulfill our mission, "to share God's love by providing physical, mental and spiritual healing."

Identified Community Needs

The results of the CHNA guided the creation of this document and aided us in how we could best provide for our community and the most vulnerable among us. As a result, Simi Valley Hospital has adopted the following priority areas for our community health investments for 2017-2019:

- Access to health care
- Cancer
- Diabetes
- Mental health/substance abuse

Additionally, we engage in a process of continuous quality improvement, whereby we ask the following questions for each priority area:

- Are our interventions making a difference in improving health outcomes?
- Are we providing the appropriate resources in the appropriate locations?
- What changes or collaborations within our system need to be made?
- How are we using technology to track our health improvements and provide relevant feedback at the local level?
- Do we have the resources as a region to elevate the population's health status?

Building a healthy community requires multiple stakeholders working together with a common purpose. We invite you to explore how we intend to address health challenges in our community and partner to achieve change. More importantly though, we hope you imagine a healthier region and work with us to find solutions across a broad range of sectors to create communities we all want for ourselves and our families.

Community Profile

How our community is defined

Simi Valley Hospital is located at 2975 North Sycamore Drive, Simi Valley, CA 93065. The hospital service area includes the cities of Simi Valley and Moorpark in Ventura County. Inpatient hospital acute admission data indicate that the majority of admissions come from Simi Valley (zip codes 93063 and 93065) and Moorpark (zip code 93021).

Demographics of the community

The population of the Simi Valley Hospital service area is 165,367. In the service area, 23.8% of the population is children and youth, 64.9% are adults, and 11.3% are seniors. Whites make up 61.7% of the population. At 25.4% of the population, Hispanic or Latinos are the second largest race/ethnic group in the service area. Asians account for 8.3% of the population in the service area; the remaining races/ethnicities comprise 4.6% of the service area population. Among area residents, 6.8% are at or below 100% of the federal poverty level (FPL) and 17.7% are at or below 200% of FPL (low-income). These poverty levels are less than county and state rates. High school graduation rates are the number of high school graduates that graduated four years after starting ninth grade. In the service area, the high school graduation rate is 85.8%, which is higher than both the county (83.2%) and the state (81%). The county rate exceeds the Healthy People 2020 objective for high school graduation of 82.4%.

Priority Areas Identified

The identified significant health needs were prioritized with input from the community. The priority needs the hospital chose to address are:

- Access to health care – Health insurance coverage is considered a key component to accessing health care. The service area insurance rate is 88.9%. This is above the rate for the county (84.8%) and state (80.3%). In the Simi Valley Hospital service area, health insurance coverage ranges from a low of 88.5% of residents with insurance in Simi Valley (93065), to a high of 89.3% with insurance in Moorpark. In Ventura County, 52% of the population has employment-based health insurance and 11.7% are covered by Medi-Cal. Ventura County has higher rates of employment-based insurance than found in the state. Delayed care may also indicate reduced access to care; 17.6% of county residents reported delaying or not seeking medical care and 17.9% reported delaying or not getting their prescription medication in the last 12 months.
- Cancer – Cancer is the leading cause of death in Ventura County. The cancer death rate is 146.8 per 100,000 persons, lower than the state average and the Healthy People 2020 objective target rate of 161.4. The highest death rates are for cancer of the digestive system, respiratory system and male genitalia. In Ventura County, the five-year, age-adjusted cancer incidence rate is 425.1 per 100,000 persons, higher than the California average. Rates for cancers of male genitalia, digestive system, respiratory system and leukemia were all lower than the state average. Cancers of breast (either sex), female genitalia, skin and endocrine system/thyroid had higher than state rates.

- Diabetes – Diabetes is a growing concern in the community; 7% of adults in Ventura County have been diagnosed with diabetes, and 16.1% have been diagnosed as pre-diabetic. Among adults with diabetes, 62.5% are very confident they can control their diabetes; 6.6% of adults in the county are not confident they can control/manage their diabetes. Rates of diabetes among adults in Moorpark and Simi Valley range from 6.5% to 6.9%.
- Mental health/Substance abuse – In Ventura County, 4.5% of adults experienced serious psychological distress in the past year. 13.9% of adults saw a health care provider for emotional, mental health, alcohol or drug issues, however, 41.9% of those who sought or needed help did not receive treatment. The Healthy People 2020 objective is for 64.6% of adults with a mental disorder to receive treatment. 11.1% of adults took prescription medicine for emotional/mental health issues in the past year. In Ventura County, 6.4% of adults had seriously considered suicide. Among adults, 35.3% of county adults had engaged in binge drinking in the past year. 7.1% of teens in Ventura County had tried marijuana, cocaine, sniffing glue, and other drugs.

Information gaps

Information gaps that impact the ability to assess health needs were identified. Some of the secondary data are not always collected on a regular basis, meaning that some data are several years old. Primary data collection and the prioritization process were also subject to limitations. Themes identified during interviews were likely subject to the experience of individuals selected to provide input. The final prioritized list of significant health needs is also subject to the affiliation and experience of the individuals who participated in the prioritization process.

Community Health Needs Assessment Overview

Link to final CHNA report

The 2016 Community Health Needs Assessment was approved by the Board of Directors in October 2016 and can be accessed at: <https://www.adventisthealth.org/simi-valley-hospital/pages/about-us/community-benefits.aspx>.

Methodology for CHNA

For the Community Health Needs Assessment secondary data were collected from a variety of local, county, and state sources to present community demographics, social and economic factors, health care access, birth characteristics, leading causes of death, chronic disease, mental health, health behaviors, substance abuse and preventive practices. These data are presented in the context of Ventura County and California State, framing the scope of an issue as it relates to the broader community. Targeted interviews were used to gather information and opinions from persons who represent the broad interests of the community served by the hospital. Fifteen interviews were completed during June and July, 2016. Interviewees included individuals who are leaders and representatives of medically underserved, low-income, and minority populations, or regional, state or local health or other departments or agencies that have current data or other information relevant to the health needs of the community served by the hospital facility.

The analysis of secondary and primary data yielded a preliminary list of significant health needs:

- Access to health care
- Cancer
- Cardiovascular disease
- Diabetes
- Mental health
- Overweight/obesity
- Preventive practices (screenings, vaccines)
- Substance abuse (alcohol, drugs, tobacco)

The identified significant health needs were then prioritized with input from the community. The following criteria were used to prioritize the health needs:

- The perceived severity of a health issue or health factor/driver as it affects the health and lives of those in the community;
- The level of importance the hospital should place on addressing the issue.

Mental health, access to care and substance abuse were ranked as the top three priority needs in the service area. The calculations of the community input resulted in the following prioritization of the significant health needs:

- Mental health
- Access to care
- Substance abuse

- Preventive practices
- Cancer
- Diabetes
- Overweight and obesity
- Cardiovascular disease

Community Voices

Stakeholder interviewee input was obtained to prioritize the health needs. As noted, interviewees included individuals who are leaders and representatives of medically underserved, low-income, and minority populations, or health departments that have current data or other information relevant to the health needs of the community served by the hospital facility. Input was obtained from Ventura County Health Care Agency officials.

Each of the stakeholder interviewees was sent a link to an electronic survey (Survey Monkey) and were asked to rank each identified health need. The percentage of responses were noted as those that identified the need as having severe or very severe impact on the community, had worsened over time, and had a shortage or absence of resources available in the community. Not all survey respondents answered every question, therefore, the response percentages were calculated based on respondents only and not on the entire sample size.

Identified Priority Needs from 2016 CHNA

Identified Need

Access to health care

Goal

Increase coverage and access to health care services for the medically underserved.

Objective

Increase availability and access to health care.

Interventions

- Provide financial assistance through both free and discounted care for health care services, consistent with the hospital's financial assistance policy.
- Provide education and information to increase knowledge about free or low cost health insurance options.
- Partner with the Free Clinic of Simi Valley to support the provision of health care services to those in our community who are uninsured or underinsured. Through this partnership, hospital employees provide administrative and clinical training for the Free Clinic staff. We also offer free mammograms, lab services and imaging services for clinic patients.
- To increase health access capacity, we are expanding services to the City of Moorpark by opening an Urgent Care Center.
- Provide a 24/7 call center for community members to call to find a physician.
- Provide transportation support (taxi vouchers and bus tokens) to increase access to health care services.
- Subsidize Lifeline equipment costs and monthly fees to provide elderly and disabled people access to immediate attention if they fall or experience other medical emergencies.

Evaluation Metrics

Objective	Baseline Measurement	Performance Target	Indicator	Data Source
Increase availability and access to health care.	% of persons with health insurance.	100% of persons are insured.	Insurance coverage.	Patients/clients
	% of persons with a medical home.	85% of persons assigned to a medical home.	Access to a Primary Care Provider.	Patients/clients



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Community Partners

Partner Organization	Role in Addressing Priority Need
Free Clinic of Simi Valley	Primary Care Provider and medical home.

Identified Need

Cancer

Goal

Reduce the impact of cancer and increase the focus on disease prevention and treatment education.

Objective

Increase early identification of cancer and support cancer education and treatment.

Interventions

- Provide lung cancer screening.
- Partner with local physicians to provide free skin cancer screenings to the community.
- Encourage colorectal cancer screening by partnering with the American Cancer Society to educate the community about the fecal immunochemical test (FIT).
- Provide free mammograms to patients of the Free Clinic of Simi Valley.
- Recognizing that prevention and early detection are fundamental to a healthy community, we offer a number of sources for education and screening. These include screenings at hospital and community events and physician-led health lectures at various venues throughout the community, which are open to the public at no cost.
- Provide free post-surgical camisoles to women who have undergone breast cancer surgery to help minimize the pain and contribute to their positive self-image.
- Offer monthly support groups open to the community for women diagnosed with breast cancer.

Evaluation Metrics

Objective	Baseline Measurement	Performance Target	Indicator	Data Source
Increase early identification of cancer and support treatment of cancer.	# of screenings # of abnormal screenings	Increased number of preventive screenings and decreased abnormal screenings. (Decreased ratio of abnormal/screenings)	Normal screening results.	Patients/clients
	Knowledge of cancer prevention and treatment.	% increase in knowledge as a result of education and resources.	Knowledge level	Patients/clients Pre-test/post-test

Community Partners

Partner Organizations	Role in Addressing Priority Need
Free Clinic of Simi Valley	Primary Care Provider and medical home.
American Cancer Society	Education materials, screening resources.
Marcelle Erian Cancer Foundation	Education and resources.



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Cancer Support Community

Education and resources

Identified Need

Diabetes

Goal

Reduce the impact of diabetes and increase the focus on disease prevention and treatment education.

Objective

Increase prevention of diabetes and support diabetes education and treatment.

Interventions

- Partner with the Simi Valley YMCA to provide a Diabetes Prevention Program to the community. The small-group program helps people with prediabetes eat healthier, increase their physical activity, and lose weight, which can delay or even prevent the onset of Type 2 diabetes.
- Provide free blood glucose screenings in the community for those who might be at risk for diabetes.
- Provide diabetes prevention education at community events and through social media.

Evaluation Metrics

Objective	Baseline Measurement	Performance Target	Indicator	Data Source
Increase prevention of diabetes and support diabetes education and treatment.	# of screenings # of abnormal screenings	Increased number of preventive screenings and decreased abnormal screenings. (Decreased ratio of abnormal/screenings)	Normal screening results.	Patients/clients
	Knowledge of diabetes prevention and treatment.	% increase in knowledge as a result of education and resources.	Knowledge level	Patients/clients Pre-test/post-test
	BMI/HgA1c	Reduced BMI and HgA1c<7.0	Normal weight; HgA1c at normal levels	Patients/clients Chart review, weight and lab results

Community Partners

Partner Organizations	Role in Addressing Priority Need
Simi Valley YMCA	Diabetes Prevention Program
American Diabetes Association	Education materials, screening resources.
Simi Valley Unified School District	Education and healthy eating resources
Rancho Simi Recreation & Park District	Education and healthy eating resources
City of Simi Valley	Education

Identified Need

Mental Health/Substance Abuse

Goal

Increase access to mental health care resources and services.

Objectives

Increase access to available mental and behavioral health services in the community.

Increase awareness and treatment of mental health and behavioral health issues.

Interventions

- Partner with the Simi Valley Unified School District to provide baseline concussion testing for High School student athletes. Purchase football helmets for Simi Valley High School to offer protection against concussions.
- Collaborate with the Drug Enforcement Agency and community partners to educate the community about opioid misuse.
- Disseminate public messaging on safe use, storage and disposal through offering a prescription drop box at the Simi Valley Police Department (SVPD). Continue to partner with the SVPD to offer Take Back events, scheduled public efforts to dispose of unused medications.
- Support at least one pain management class for community members living with chronic pain.
- Continue to partner with the Ventura County Behavioral Health Agency and local hospitals to focus on preventing prescription drug misuse.
- Recruit psychiatrists to offer services in our community, offering insurance to Covered California subscribers.
- Support the "Every 15 Minutes" program that is designed to dramatically instill teens with the potentially dangerous consequences of drinking alcohol while driving.

Evaluation Metrics

Objective	Baseline Measurement	Performance Target	Indicator	Data Source
Increase access to available mental and behavioral health services in the community.	% of persons who need mental health/substance abuse services.	100% of persons able to access needed services.	Insurance coverage Primary Care/Medical Home	Patients/clients
Increase awareness and treatment of mental health and behavioral health issues.	Knowledge of prevention and treatment resources.	% increase in knowledge as a result of education and resources.	Knowledge level	Patients/clients Pre-test/post-test



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# of concussions among high school athletes.	20% decrease in preventable concussions.	Verified concussions	Student athletes
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Community Partners

Partner Organizations	Role in Addressing Priority Need
Simi Valley Unified School District	Support of student athletes
Drug Enforcement Agency	Education and resources
Simi Valley Police Department	Take Back events, drug drop off boxes
Ventura County Behavioral Health Agency	Education and resources
Local Hospitals	Education and resources
Boys & Girls Club of Simi Valley	Education and resources
Not One More	Education, support and resources

Identified Needs from CHNA, Not Addressed

Taking existing hospital and community resources into consideration, Simi Valley Hospital will not directly address the remaining health needs identified in the CHNA including: cardiovascular disease, overweight/obesity, and preventive practices. The hospital cannot address all the health needs present in the community; therefore, it will concentrate on those health needs that can most effectively be addressed given the organization's areas of focus and expertise. Simi Valley Hospital will look for partnership opportunities that address needs not selected where it can appropriately contribute to addressing those needs, or where those needs align with current strategy and priorities.

Making a difference: Evaluation of 2014-2016 CHP

Simi Valley Hospital developed and approved an Implementation Strategy to address significant health needs identified in the 2013 Community Health Needs Assessment. The Implementation Strategy addressed the following health needs through a commitment of community benefit programs and resources: access to care, cancer, cardiovascular disease, overweight and obesity, drugs/alcohol and mental health. To accomplish the Implementation Strategy, goals were established that indicated the expected changes in the health needs as a result of community programs and activities. Strategies to address the priority health needs were identified and impact measures tracked. The following section outlines the impact made on the selected significant health needs addressed in the 2014-2016 Community Health Plan.

Access to Care

The hospital provided financial assistance through free and discounted care for health care services, consistent with Simi Valley Hospital's financial assistance policy. To address health care access issues, the hospital also offered information and enrollment assistance in low-cost insurance programs. The hospital continued to provide transportation support for those patients and families who may not be able to access needed care due to a lack of transportation.

Simi Valley Hospital has had a long-standing partnership with the Free Clinic of Simi Valley. This partnership supported the provision of health care services to over 40,000 patient visits for residents in our community who are uninsured or underinsured. Through this partnership, hospital employees provided needed administrative and clinical training for the Free Clinic staff. Simi Valley also provided lab services, radiology service and mammograms for clinic patients. Additionally, the hospital compensated employees for one shift per year when they volunteered at the Free Clinic of Simi Valley. The hospital provided a cash donation to the Free Clinic of Simi Valley to update their Electronic Medical Records system.

In 2013, Simi Valley Hospital provided emergency contact through Lifeline devices for low-income seniors in Simi Valley and Moorpark. The Lifeline Program provided a system of equipment and trained responders for people who fall or who cannot reach a phone during a health-related emergency. The program averaged 300 subscribers a month.

In 2014, the hospital partnered with the Free Clinic of Simi Valley for a community health fair. Approximately 800 people participated in the fair, which promoted positive health and fitness practices, and activities for youth and adults. Simi Valley provided health education on heart health and strokes, administered 420 flu shots, 105 glucose screenings and 18 carotid artery screenings.

In 2015, we completed Phase 1 of the Emergency Department expansion. The Emergency Pavilion encompasses 5,000 square feet of new ED space, bringing the number of patient beds from 10 to 22. This ED expansion increases access for the community to life-saving emergency care.

In an effort to increase access to care, Simi Valley Hospital launched an outpatient Speech-Language Therapy program so that adults with acquired impairments in communication, cognition, voice and swallowing could access needed treatment without having to travel long distances for care.

We partnered with the Simi Valley Senior Center to provide free blood glucose screenings. In an effort to reduce head injuries among teen athletes, we partnered with the Simi Valley Unified School District and a local Concussion Clinic to provide free baseline testing to all public high school athletes in Simi Valley.

Cancer

Simi Valley Hospital partnered with the Free Clinic of Simi Valley to provide 40 free mammograms to underserved women in the community.

With support from the Rotary Club of Simi Sunrise, Simi Valley Hospital offered a *Pampered in Pink* event to increase awareness about breast cancer, celebrate survivors and remember loved ones who have lost their battle with cancer. Over the years, approximately 275 people attended the event, which included:

- Breast health education
- Nurse Navigator tours and information
- American Cancer Society informational booth
- Wellness Community informational booth
- Oncologists and radiologist available for questions

The hospital provided cancer-related health education sessions and support groups. Screening, treatment and survivorship programs were made available to the public at no cost.

Cardiovascular Disease

As part of our *Take Heart Simi Valley* initiative, which is an ongoing effort to teach hands-only CPR to all of Simi Valley, Simi Valley Hospital has taught more than 2,100 people hands-only CPR throughout the community since 2013. We offered heart health education, support groups and cardiovascular screening, and presented heart health lectures, reaching more than 400 people.

We continued our support of American Heart Association events. Simi Valley Hospital partnered with the American Heart Association on two events to raise awareness of heart disease in women. 75 women attended a heart healthy dinner and education event co-sponsored with the American Heart Association.

We offered heart health education, support groups and cardiovascular screening, and started a Heart Attack Survivors Support group that is led by a heart attack survivor.

Simi Valley Hospital is dedicated to battling heart disease by raising awareness through increased education. In honor of American Heart Month, Simi Valley Hospital sponsored activities to raise awareness about preventing heart disease and living a healthy life. Simi Valley Hospital partnered with the American Heart Association to provide a *Go Red Girlfriends* event on February 5, 2014. The event, attended by 55 women, included a free heart-healthy dinner, educational information about heart care for women, and a presentation by an interventional cardiologist. On September 10, 2015 Simi Valley Hospital once again partnered with the American Heart Association to provide a *Girls Night Out* event to encourage women to learn more about the role of heart disease in women's lives and steps women can take to prevent heart disease. The event, attended by 110 women, offered heart-healthy cooking demonstrations, massage, yoga, blood pressure screenings, heart health education, and hands-only CPR demonstrations.

In 2015 we launched an extensive campaign to promote heart health and educate the community on the signs and symptoms of a heart attack. We partnered with a heart attack survivor to start a Heart Attack Support Group and utilized his story in our campaign. Through continued Hands-Only CPR demonstrations, we have increased the number of persons saved by bystander in our community. As a result, Ventura County has one of the highest survivor rates of bystander-witnessed heart failure in the country.

Drug/Alcohol and Mental Health

Simi Valley Hospital participated with community organizations to develop strategies to improve drug/alcohol and mental health services, including partnering with Community Coalition United for education offerings and mental health trainings. We increased access to care by developing inpatient hospital alcohol and drug detoxification services.

The Hospital hosted Simi Valley High Schools "Every Fifteen Minutes" program to educate students about the dangers of alcohol and drug use. In partnership with the local school district, we continued to offer voluntary drug test for students. Also, in 2015 we provided two Mental Health First Aid Trainings for 40 community members.

As a result of the growing issue of unused and unneeded medications becoming the target of theft, misuse and abuse, we partnered with the Simi Valley Police Department to educate the public on how to properly dispose of expired, unwanted, or unused prescription drugs and other medications from their homes and our community. The hospital offered a Prescription Drug Drop Box available 24 hours a day, 7 days a week to safely dispose of unwanted or expired medications.



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Overweight/Obesity

To address overweight and obesity, the hospital provided free nutrition classes and health education lectures on healthy eating to over 100 people. We partnered with community groups to support their obesity prevention community health initiatives. Simi Valley Hospital also launched an outpatient Nutrition Counseling Services program.

In 2014, Simi Valley Hospital partnered with the Simi Valley YMCA to provide educational booths, health screenings, and a health lecture for the YMCA's *Activate Simi Valley* program. *Activate Simi Valley* is a free eight-week program that encourages participants to make healthy life changes. Approximately 400 participants attended the kick-off Health Fair, weighed in weekly, received nutrition and exercise materials, and attended weekly lectures from health professionals. In addition to a lecture on nutrition, Simi Valley Hospital provided two booths at the Health Fair; one booth focused on diabetes and offered glucose screenings, and the other booth focused on nutrition education.

In 2015, Simi Valley Hospital launched an outpatient Nutrition Counseling Services program to help clients make healthy choices for an improved lifestyle. Our registered dietitian provided medical nutrition therapy to address patients' personal goals as they relate to all stages of life and various medical conditions.

Strategic Partner List

Simi Valley Hospital supports local partners to augment our own efforts, and to promote a healthier community. Partnership is not used as a legal term, but a description of the relationships of connectivity that are necessary to collectively improve the health of our region. One of our objectives is to partner with other nonprofit and faith-based organizations that share our values and priorities to improve the health status and quality of life of the community we serve. This is an intentional effort to avoid duplication and leverage the successful work already in existence in the community. Many important systemic efforts are underway in our region, and we have been in partnership with multiple not-for-profits to provide quality care to the underserved in our region.

Community Partners

• American Cancer Society	• Rotary Club of Simi Sunrise
• American Diabetes Association	• Rotary Club of Simi Valley
• American Heart Association	• Royal High School PTSA
• Boys & Girls Club of Moorpark	• Samaritan Center
• Boys & Girls Club of Simi Valley	• Simi Rotary Sunrise
• Brain Injury Center of Ventura County	• Simi Valley Chamber of Commerce
• California Lutheran University	• Simi Valley Council on Aging
• City of Moorpark	• Simi Valley High School PTSA
• City of Simi Valley	• Simi Valley Library
• Drug Enforcement Agency	• Simi Valley Police Department
• Food Share	• Simi Valley Police Foundation
• Free Clinic of Simi Valley	• Simi Valley Senior Center
• Kiwanis Club of Simi Sunset	• Simi Valley Unified School District
• Kiwanis Club of Simi Valley	• Simi Valley YMCA
• Marcelle Erian Cancer Foundation	• Soaring Spirits International
• Moorpark Chamber of Commerce	• Troop Real Estate
• Moorpark Community College	• Ventura County Innovates
• Moorpark Education Foundation	• Ventura County Behavioral Health
• Moorpark Rotary Club	• Ventura County Emergency Medical Services
• Not One More	• Ventura County Fire Department
• Rancho Simi Recreation & Park District	

Community Benefit Inventory

Simi Valley Hospital knows working together is key to achieving the necessary health improvements to create the communities that allow each member to have safe and healthy places to live, learn, work, play, and pray. Below you will find an inventory of additional interventions taken from our Community Benefit Inventory for Social Accountability (CBISA) software and documented activities.

Year 2016 Inventory

PRIORITY NEEDS	INTERVENTIONS	DESCRIPTION	PARTNERS	MEASURES OF SUCCESS/OUTCOMES	NUMBER SERVED
Access to Healthcare	Access to Health Insurance Information	Produced a short video to educate the community about health insurance options.	Adventist Health Physicians Network	Produced a video that was shared on social media, Simi Valley Hospital's website and in the local Adventist Health Physicians Network Clinics.	7,000
Access to Healthcare	Access to Transportation	Taxi vouchers and bus tokens are provided to low-income patients/families that do not have an alternative form of transportation to and from the hospital.		Provided 379 taxi and bus vouchers	379
Access to Healthcare	Baby Care Basics	Teaches proper care to new and inexperienced parents.	Baby-Friendly USA	Educated 9 couples	18
Access to Healthcare	Baby-Friendly Hospital Initiative	Encourages increased breastfeeding through education and support.	Baby-Friendly USA	Provided breastfeeding classes to 86 people. 480 moms participated in the Breastfeeding Café support group. Assisted 18 moms with breastfeeding in an outpatient setting.	584

PRIORITY NEEDS	INTERVENTIONS	DESCRIPTION	PARTNERS	MEASURES OF SUCCESS/OUTCOMES	NUMBER SERVED
Access to Healthcare	Child Birth Classes	Educates expectant mothers and their partners on safe and effective childbirth techniques.	Baby-Friendly USA	Provided childbirth (Lamaze) education to 128 couples, refresher Lamaze courses to 9 couples and a C-section class to 3 couples.	280
Access to Healthcare	Emergency Department Expansion	Phase II of the Emergency Department expansion was completed.	Simi Valley Hospital Foundation		
Access to Healthcare	Find a Physician	Provide a 24/7 call center for community members to call to find a physician.		Provided 173 referrals	173
Access to Healthcare	Free Clinic of Simi Valley Partnership	Provide administrative and clinical training, free mammograms, lab and imaging services, and repair equipment. Pay for sharps disposal.	Free Clinic of Simi Valley	Provided in-kind lab and imaging services totaling \$189,556, donated \$10,000 towards electronic medical records system, and \$3,089 towards equipment for the Free Clinic's Wellness Expo.	2,488
Access to Healthcare	Free Clinic of Simi Valley's Wellness Expo	Provided free flu shots and glucose, blood pressure and skin cancer screenings.	Free Clinic of Simi Valley, Adventist Health Physicians Network and Dr. Gennady Rubinstein	Provided 310 free flu shots, 66 blood pressure screenings and glucose screenings. Screened 51 individuals for skin cancer, resulting in 16 recommendations for biopsies. Offered nutrition counseling, focusing on diabetes awareness, to 85 people.	512

PRIORITY NEEDS	INTERVENTIONS	DESCRIPTION	PARTNERS	MEASURES OF SUCCESS/OUTCOMES	NUMBER SERVED
Access to Healthcare	Free Glucose Screenings	Free screenings for those that might be at risk for diabetes; offered to the community at community health fairs.	Simi Valley Senior Center and Free Clinic of Simi Valley	Provided 233 glucose screenings.	233
Access to Healthcare	Lifeline Program	Provides elderly and disabled people access to immediate attention if they fall or experience other medical emergencies.	City of Simi Valley and Simi Valley Council on Aging	268 individuals received services. SVH subsidized approximately \$30,000 in monthly monitoring fees.	268
Access to Healthcare	Senior Education Series	Various physicians and staff provide presentations on health topics including pain management, cancer screening and treatment, brain health, arthritis and joint pain treatment, and sleep disorders.	Simi Valley Senior Center	Provided presentations to 365 attendees	365
Access to Healthcare	Sibling Relations	Prepares the older child for the new baby to encourage a healthy sibling bond.	Baby-Friendly USA	Provided education to 36 children and their parents.	72
Cancer	Breast Cancer Camisole Project	Post-surgical camisoles are donated to women who have undergone breast cancer surgery to help minimize pain and contribute to the positive self-image of the patient.	American Cancer Society, Cancer Support Community and Marcelle Erian Cancer Foundation.	Provided 42 women with free camisoles (\$1,440)	42
Cancer	Breast Cancer Education and Support	Hosted <i>Pampered in Pink</i> event designed to provide education, support and resources regarding breast cancer.	American Cancer Society, Cancer Support Community and Marcelle Erian Cancer Foundation	Provided breast cancer education, support and resources to 250 attendees.	250

PRIORITY NEEDS	INTERVENTIONS	DESCRIPTION	PARTNERS	MEASURES OF SUCCESS/OUTCOMES	NUMBER SERVED
Cancer	Breast Cancer Support Groups	Monthly support group open to the community for women diagnosed with breast cancer and their families to help improve their quality of life and reduce feelings of anxiety and loneliness.	American Cancer Society, Cancer Support Community and Marcelle Erian Cancer Foundation.	Marcelle Erian Cancer Foundation met 12 Times with an average of 25 Attendees (300). The Crochet Group met 4 times with an average of 5 participants (20), and the Relaxation Group met 4 times with an average of 4 people (16)	336
Cancer	Nurse Navigator Program	Oncology-certified nurse's assist patients from pre-cancer diagnosis through survivorship, and beyond. They help patients gain access to resources in the community. Services are open to the broader community, and serves a population beyond the hospital's patient population.	American Cancer Society, Cancer Support Community and Marcelle Erian Cancer Foundation.	361 individuals received services (1,509 visits in total). 112 newly diagnosed patients were advised about clinical trials and genetic testing, and were referred to the American Cancer Society (ACS) - 26 contacted the ACS.	473
Cardiovascular Disease	CPR Education Program	Educates the community about CPR and Hands-Only CPR procedures for adults, children and infants.	Ventura County Fire Department, Ventura County Emergency Medical Services, American Medical Response and Gold Coast Ambulance	Provided CPR classes to 59 participants and Hands-Only CPR demonstrations to 233 participants.	292

PRIORITY NEEDS	INTERVENTIONS	DESCRIPTION	PARTNERS	MEASURES OF SUCCESS/OUTCOMES	NUMBER SERVED
Cardiovascular Disease	Heart Patient Support Group	Support group, founded and led by heart patient survivors, to provide support and education to community members who have heart health issues.	Adventist Health Physicians Network	Held 8 meetings with an average attendance of 12 people	96
Cardiovascular Disease	Heart Health Education	Hosts <i>Go Red Girlfriend</i> dinner to educate women about heart health.	American Heart Association	50 women attended the event	50
Cardiovascular Disease	Stroke Education	Participates in health fair events to educate community members about the signs of stroke and the importance of calling 911.	American Heart Association, Simi Valley Chamber of Commerce and Free Clinic of Simi Valley	Provided education to approximately 250 people.	250
Drug, Alcohol and Mental Health	Baseline Concussion Testing	Baseline concussion testing for all athletes for Royal High School and Simi Valley High School.	Simi Valley Unified School District	2,000 athletes received baseline concussion testing.	2000
Drug, Alcohol and Mental Health	Teen Alcohol Awareness	SVH provides staff support for Simi Valley High Schools "Every 15 Minutes" program designed to dramatically instill teens with the potentially dangerous consequences of drinking alcohol while driving.	Simi Valley PTSA, California Highway Patrol, Ventura County Fire Department, Ventura County Superior Court, Simi Valley Unified School District, Simi Valley Education Foundation, and Simi Valley Police Foundation	Simi Valley High School seniors, teachers, staff, police officers, media and community leaders attended the event. A video of the event was shared on social media and has been viewed 8,454 times.	1,000

PRIORITY NEEDS	INTERVENTIONS	DESCRIPTION	PARTNERS	MEASURES OF SUCCESS/OUTCOMES	NUMBER SERVED
Overweight and Obesity	Nutrition Education	Provides nutrition education to individuals at the Free Clinic of Simi Valley's Wellness Expo, and to members of the After-Breast Cancer Support Group and Parkinson's Support Group.	Free Clinic of Simi Valley, After Breast Cancer Support Group, Parkinson's Support Group and Simi Valley Senior Center	Presented to 45 people and met with approximately 150 people at the Expo	145
Overweight and Obesity	Physical Activity Events and Promotion	SVH supports organized races such as the Toothy Fairy 5k/10k, Moorpark Mammoth Run, Gator Run, Samaritan Center Bike Ride, and other events to promote and inspire physical activity.	Samaritan Center, Free Clinic of Simi Valley, Moorpark Rotary Club and Rotary Club of Simi Sunset	Over 1,000 persons participated in these events.	1,000
Other Community Benefits Activities	American Red Cross Blood Drives	Host blood drives throughout the year to increase blood supply.	American Red Cross	Held 4 blood drives; 246 individuals donated 228 units of blood which equates to 684 lives saved.	246
Other Community Benefits Activities	Chamber Wellness Committee	Participated in the Chamber Wellness Committee to collaborate with local business owners on educating the community about health and wellness.	Simi Valley Chamber of Commerce	Sponsored 12 Wellness Wednesday's events with approximately 40 people at each event.	480
Other Community Benefits Activities	Cash Sponsorships	SVH provides cash donations to nonprofit organizations to support community events.	*See Sponsorship list below	Provided \$68,000 to nonprofit organizations	50,000+

PRIORITY NEEDS	INTERVENTIONS	DESCRIPTION	PARTNERS	MEASURES OF SUCCESS/OUTCOMES	NUMBER SERVED
Other Community Benefits Activities	Community Health Needs Assessment	Conducts the triennial Community Health Needs Assessment to identify and evaluate health related needs in the communities we serve and to use this information to fulfill our mission.			
Other Community Benefits Activities	COPE Health Scholars	Undergraduate students participate in allied health profession internship program.	University of California, Los Angeles	Provided training to 60 COPE Health Scholars	60
Other Community Benefits Activities	Health Articles	Provides articles regarding a variety of health topics to the community through the Acorn and Community Link newspapers. Articles were also published online and distributed via social media.	SVH Physicians and Staff, Acorn newspaper, Community Link Newspaper	Provided 31 articles on a variety of topics. Acorn newspaper circulation 45,297 and Community Link circulation 10,000. In addition, the article was posted to Facebook with an average reach of 8,000 people per article.	55,300
Other Community Benefits Activities	Healthcare Professions Tours	Provides tours to local high school students to educate them on careers in healthcare.	Simi Valley Unified School District, Ventura County Innovates and the Workforce Education Coalition	Provided tours to 20 high school students	20

PRIORITY NEEDS	INTERVENTIONS	DESCRIPTION	PARTNERS	MEASURES OF SUCCESS/OUTCOMES	NUMBER SERVED
Other Community Benefits Activities	Non-Profit Capacity Development Initiative	Partners with other non-profit and faith-based organizations that share our values and priorities to improve the health status and quality of life of our community. SVH leaders serve on non-profit boards to leverage our resources and strengths and have a greater impact.	**See Non-profit partners below	SVH leaders served on 19 boards.	50,000+
Other Community Benefits Activities	Paramedic Base Station Training	SVH is a paramedic base station and the hospital provides training for the emergency professionals.	Ventura College	Provided training to 25 students	25
Other Community Benefits Activities	Safe Harbor	Serves as a safe, family friendly location where victims of all ages are brought for investigation of child physical abuse and child and adult sexual assault. Law enforcement agencies, Children and Family Services, prosecutors, forensic nurse examiners, crisis counselors and advocates respond to conduct interviews and exams and provide support.	County of Ventura	Served 91 victims	91

PRIORITY NEEDS	INTERVENTIONS	DESCRIPTION	PARTNERS	MEASURES OF SUCCESS/OUTCOMES	NUMBER SERVED
Other Community Benefits Activities	Scrubs Volunteer Program	SVH promotes volunteerism through our Scrubs program, which reimburses employees who take time off work to volunteer in our communities.	Various local non-profit groups	Provided 478 hours of community service.	
Other Community Benefits Activities	College Education in Healthcare - Nursing, Radiology and Respiratory Therapy Students	Emergency Medical Technician, Nursing, Radiology, Physical Therapy and Respiratory Therapy students receive training at the hospital.	Moorpark Community College, College of the Canyons, University of Southern California, California State University, Northridge and Moorpark Community College	Provided training to 68 students	175
Other Community Benefits Activities	Workforce Development and Career Prep (High School)	Presents to students at local high schools to learn about careers in healthcare.	Simi Valley Unified School District, Thousand Oaks High School and Moorpark High School	Provided presentations to local schools serving approximately 3,000 students	3,000
Total served					177,703+

***Sponsorships:** American Heart Association, Boys & Girls Club of Simi Valley, Boys & Girls Club of Moorpark, Brain Injury Center of Ventura County, California Lutheran University, For the Troops, Kiwanis Club of Simi Valley, Moorpark Community College, Moorpark Chamber of Commerce, Moorpark Education Foundation, Moorpark Education for Arts, Moorpark Rotary Club, Newbury Park Adventist Academy, Rotary Club of Simi Valley, Rotary Club of Simi Sunrise, Simi Valley Council on Aging, Simi Valley Cultural Arts Foundation, Simi Valley Education Foundation, Simi Valley High School, Royal High School, Simi Valley Police Foundation, Soaring Spirits International, Soroptimist International of Simi Valley, Troop Real Estate and City of Simi Valley

****Non-Profit Partners:** American Cancer Society, Boys & Girls Club of Simi Valley, Boys & Girls Club of Moorpark, Free Clinic of Simi Valley, Kiwanis Club of Simi Valley, Simi Valley Soroptimist, Moorpark Chamber of Commerce, Moorpark College Foundation, Rotary Club of Simi Sunrise, Rotary Club of Simi Sunset, Simi Valley Police Foundation, Simi Valley Samaritan Center, Simi Valley Chamber of Commerce, Simi Valley Education Foundation, Simi Valley High School Health Care Advisory Board, Simi Valley YMCA and Ventura County Foster Parents Association.

Connecting Strategy and Community Health

As hospitals move toward population health management, community health interventions are a key element in achieving the overall goals of reducing the overall cost of health care, improving the health of the population, and improving access to affordable health services for the community both in outpatient and community settings. The key factor in improving quality and efficiency of the care hospitals provide is to include the larger community they serve as a part of their overall strategy.

Health systems must now step outside of the traditional roles of hospitals to begin to address the social, economic, and environmental conditions that contribute to poor health in the communities we serve. Bold leadership is required from our administrators, health care providers, and governing boards to meet the pressing health challenges we face as a nation. These challenges include a paradigm shift in how hospitals and health systems are positioning themselves and their strategies for success in a new payment environment. This will impact everyone in a community and will require shared responsibility among all stakeholders.

Population health is not just the overall health of a population but also includes the distribution of health. Overall health could be quite high if the majority of the population is relatively healthy—even though a minority of the population is much less healthy. Ideally such differences would be eliminated or at least substantially reduced.

Community health can serve as a strategic platform to improve the health outcomes of a defined group of people, concentrating on three correlated stages:

- 1) The distribution of specific health statuses and outcomes within a population;
- 2) Factors that cause the present outcomes distribution; and
- 3) Interventions that may modify the factors to improve health outcomes.

Improving population health requires effective initiatives to:

- 1) Increase the prevalence of evidence-based preventive health services and preventive health behaviors,
- 2) Improve care quality and patient safety and
- 3) Advance care coordination across the health care continuum.

Our mission as a health system is to share God's love by providing physical, mental and spiritual healing and we believe the best way to re-imagine our future business model with a major emphasis of community health is by working together with our community.

Financial Assistance Policies

At Simi Valley Hospital, we're committed to keeping you healthy. As a result, your ability to pay should never stop you from seeking needed care.

When you come to us for treatment, our patient financial services department will be happy to talk to you about payment options. Our financial assistance program offers:

- If you are uninsured, you may be eligible to receive a discount for your services under our Uninsured Discount policy.
- If you are uninsured, our financial counselors will help you find out if you qualify for a government program such as Medicaid (Medi-Cal in California). If one of these programs is right for you, they may be able to assist you with the application process.
- If you do not qualify for a government program, we provide discounts to eligible low-income patients and underinsured patients. Please contact our patient financial services department if you cannot pay part of your bill. We will review your financial situation to determine if you are eligible for financial assistance.

The Adventist Health Financial Assistance Policy and Financial Assistance Program brochure are available in both English and Spanish on our website <https://www.adventisthealth.org/simi-valley-hospital/pages/default.aspx> under "Pay my Bill" (located near the top of the screen). You can also access the list of physicians who are covered under the hospital's Financial Assistance Policy. For more information, please call us during normal business hours at (805) 955-6450.

Community Benefit & Economic Value for Prior Year

Our community benefit work is rooted deep within our mission, with a recent recommitment of deep community engagement within each of our ministries.

We have also incorporated our community benefit work to be an extension of our care continuum. Our strategic investments in our community are focused on a more planned, proactive approach to community health. The basic issue of good stewardship is making optimal use of limited charitable funds. Defaulting to charity care in our emergency rooms for the most vulnerable is not consistent with our mission. An upstream and more proactive and strategic allocation of resources enables us to help low-income populations avoid preventable pain and suffering; in turn allowing the reallocation of funds to serve an increasing number of people experiencing health disparities.

Valuation of Community Benefit

Year 2016

SIMI VALLEY HOSPITAL & HEALTH CARE SERVICES DBA SIMI VALLEY HOSPITAL		
Charity Care and Other Community Benefit	Net Community Benefit	% of Total Cost
Traditional charity care	1,638,652	1.20%
Medicaid and other means-tested government programs	14,320,604	10.50%
Community health improvement services	536,351	0.39%
Health professions education	-	0.81%
Subsidized health services	1,797,033	1.32%
Research	-	-
Cash and in-kind contributions for community benefit	104,901	0.08%
Community building activities	107,383	0.08%
TOTAL COMMUNITY BENEFIT	18,504,924	14.38%
Medicare	Net Cost	% of Total Cost
Medicare shortfall	13,692,722	10.04%
TOTAL COMMUNITY BENEFIT WITH MEDICARE	32,197,646	24.42%

Appendices

Glossary of terms

Medical Care Services (Charity Care and Un-reimbursed Medi-Cal and Other Means Tested Government Programs)

Free or discounted health services provided to persons who meet the organization's criteria for financial assistance and are thereby deemed unable to pay for all or portion of the services. Charity Care does not include: a) bad debt or uncollectible charges that the hospital recorded as revenue but wrote-off due to failure to pay by patients, or the cost of providing care to such patients; b) the difference between the cost of care provided under Medicaid or other means-tested government programs, and the revenue derived there from; or c) contractual adjustments with any third-party payers. Clinical services are provided, despite a financial loss to the organization; measured after removing losses, and by cost associated with, Charity Care, Medicaid, and other means-tested government programs.

Community Health Improvement

Interventions carried out or supported and are subsidized by the health care organizations, for the express purpose of improving community health. Such services do not generate inpatient or outpatient bills, although there may be a nominal patient fee or sliding scale fee for these services. Community Health Improvement – These activities are carried out to improve community health, extend beyond patient care activities and are usually subsidized by the health care organization. Helps fund vital health improvement activities such as free and low cost health screenings, community health education, support groups, and other community health initiatives targeting identified community needs.

Subsidized Health Services

Clinical and social services that meet an identified community need and are provided despite a financial loss. These services are provided because they meet an identified community need and if were not available in the area they would fall to the responsibility of government or another not-for-profit organization.

Financial and In-Kind Contributions

Contributions that include donations and the cost of hours donated by staff to the community while on the organization's payroll, the indirect cost of space donated to tax-exempt companies (such as for meetings), and the financial value (generally measured at cost) of donated food, equipment, and supplies. Financial and in-kind contributions are given to community organizations committed to improving community health who are not affiliated with the health system.

Community Building Activities

Community-building activities include interventions the social determinants of health such as poverty, homelessness, and environmental problems.



OUR MISSION:
Living God's love by inspiring health,
wholeness and hope

Health Professions Education and Research

Educational programs that result in a degree, certificate, or training that is necessary to be licensed to practice as a health professional, as required by state law; or continuing education that is necessary to retain state license or certification by a board in the individual's health profession specialty. It does not include education or training programs available exclusively to the organization's employees and medical staff, or scholarships provided to those individuals. Costs for medical residents and interns may be included.

Any study or investigation in which the goal is to generate generalized knowledge made available to the public, such as underlying biological mechanisms of health and disease; natural processes or principles affecting health or illness; evaluation of safety and efficacy of interventions for disease such as clinical trials and studies of therapeutic protocols; laboratory-based studies; epidemiology, health outcomes and effectiveness; behavioral or sociological studies related to health, delivery of care, or prevention; studies related to changes in the health care delivery system; and communication of findings and observations (including publication in a medical journal).

Community Health Needs Assessment and Community Health Plan Coordination Policy

Entity:

- System-wide Corporate Policy**
- Standard Policy**
- Model Policy**

Corporate Policy
Department:
Category/Section:
Manual:

No. AD-04-006-S
Administrative Services
Planning
Policy/Procedure Manual

POLICY SUMMARY/INTENT:

This policy is to clarify the general requirements, processes and procedures to be followed by each Adventist Health hospital. Adventist Health promotes effective, sustainable community benefit programming in support of our mission and tax-exempt status.

DEFINITIONS

1. **Community Health Needs Assessment (CHNA):** A CHNA is a dynamic and ongoing process that is undertaken to identify the health strengths and needs of the respective community of each Adventist Health hospital. The CHNA will include a two document process, the first being a detailed document highlighting the health related data within each hospital community and the second document (Community Health Plan or CHP) containing the identified health priorities and action plans aimed at improving the identified needs and health status of that community.

A CHNA relies on the collection and analysis of health data relevant to each hospital's community, the identification of priorities and resultant objectives and the development of measurable action steps that will enable the objectives to be measured and tracked over time.

2. **Community Health Plan:** The CHP is the second component of the CHNA and represents the response to the data collection process and identified priority areas. For each health need, the CHP must either: a) describe how the hospital plans to meet the identified health need, or b) identify the health need as one the hospital does not intend to specifically address and provide an explanation as to why the hospital does not intend to address that health need.
3. **Community Benefit:** A community benefit is a program, activity or other intervention that provides treatment or promotes health and healing as a response to identified community needs and meets at least one of these objectives:
 - Improve access to health care services
 - Enhance the health of the community
 - Advance medical or health care knowledge
 - Relieve or reduce the burden of government or other community efforts

Community benefits include charity care and the unreimbursed costs of Medicaid and other means-tested government programs for the indigent, as well as health professions' education, research, community health improvement, subsidized health services and cash and in-kind contributions for community benefit.

AFFECTED DEPARTMENTS/SERVICES:

Adventist Health hospitals

POLICY: COMPLIANCE – KEY ELEMENTS

PURPOSE:

The provision of community benefit is central to Adventist Health's mission of service and compassion. Restoring and promoting the health and quality of life of those in the communities served, is a function of our mission "To share God's love by providing physical, mental and spiritual healing." The purpose of this policy is: a) to establish a system to capture and report the costs of services provided to the underprivileged and broader community; b) to clarify community benefit management roles; c) to standardize planning and reporting procedures; and d) to assure the effective coordination of community benefit planning and reporting in Adventist Health hospitals. As a charitable organization, Adventist Health will, at all times, meet the requirements to qualify for federal income tax exemption under Internal Revenue Code (IRC) §501(c)(3). The purpose of this document is to:

1. Set forth Adventist Health's policy on compliance with IRC §501(r) and the Patient Protection and Affordable Care Act with respect to CHNAs;
2. Set forth Adventist Health's policy on compliance with California (SB 697), Oregon (HB 3290), Washington (HB 2431) and Hawaii State legislation on community benefit;
3. Ensure the standardization and institutionalization of Adventist Health's community benefit practices with all Adventist Health hospitals; and
4. Describe the core principles that Adventist Health uses to ensure a strategic approach to community benefit program planning, implementation and evaluation.

A. General Requirements

1. Each licensed Adventist Health hospital will conduct a CHNA and adopt an implementation strategy to meet the community health needs identified through such assessment.
2. The Adventist Health *Community Health Planning & Reporting Guidelines* will be the standard for CHNAs and CHPs in all Adventist Health hospitals.
3. Accordingly, the CHNA and associated implementation strategy (also called the Community Health Plan) will initially be performed and completed in the calendar year ending December 31, 2013, with implementation to begin in 2014.
4. Thereafter, a CHNA and implementation strategy will be conducted and adopted within every succeeding three-year time period. Each successive three-year period will be known as the Assessment Period.
5. Adventist Health will comply with federal and state mandates in the reporting of community benefit costs and will provide a yearly report on system wide community benefit performance to board of directors. Adventist Health will issue and disseminate to diverse community stakeholders an annual web-based system wide report on its community benefit initiatives and performance.
6. The financial summary of the community benefit report will be approved by the hospital's chief financial officer.
7. The Adventist Health budget & reimbursement department will monitor community benefit data gathering and reporting for Adventist Health hospitals.

B. Documentation of Public Community Health Needs Assessment (CHNA)

1. Adventist Health will implement the use of the Lyon Software CBISA™ product as a tool to uniformly track community benefit costs to be used for consistent state and federal reporting.

2. A written public record of the CHNA process and its outcomes will be created and made available to key stakeholders in the community and to the general public. The written public report must include:
 - a. A description of the hospital's community and how it was determined.
 - b. The process and methods used to conduct the assessment.
 - c. How the hospital took into account input from persons who represent the broad interests of the community served.
 - d. All of the community health needs identified through the CHNA and their priorities, as well as a description of the process and criteria used in the prioritization.
 - e. Existing health care facilities and other resources within the community available to meet the community health needs identified through the CHNA.
3. The CHNA and CHP will be submitted to the Adventist Health corporate office for approval by the board of directors. Each hospital will also review their CHNA and CHP with the local governing board. The Adventist Health government relations department will monitor hospital progress on the CHNA and CHP development and reporting. Helpful information (such as schedule deadlines) will be communicated to the hospitals' community benefit managers, with copies of such materials sent to hospital CFOs to ensure effective communication. In addition, specific communications will occur with individual hospitals as required.
4. The CHNA and CHP will be made available to the public and must be posted on each hospital's website so that it is readily accessible to the public. The CHNA must remain posted on the hospital's website until two subsequent CHNA documents have been posted. Adventist Health hospitals may also provide copies of the CHNA to community groups who may be interested in the findings (e.g., county or state health departments, community organizations, etc.).
5. For California hospitals, the CHPs will be compiled and submitted to OSHPD by the Adventist Health government relations department. Hospitals in other states will submit their plans as required by their state.
6. Financial assistance policies for each hospital must be available on each hospital's website and readily available to the public.

Corporate Initiated Policies: (For corporate office use)

References: Replaces Policy: AD-04-002-S
Author: Administration
Approved: SMT 12-9-2013, AH Board 12-16-2013
Review Date:
Revision Date:
Attachments:
Distribution: AHEC, CFOs, PCEs, Hospital VPs, Corporate AVPs and Directors



2017 Community Health Plan

This community health plan was adopted on April 20, 2017, by the Adventist Health System/West Board of Directors. The final report was made widely available on May 15, 2017.

CHNA/CHP contact:

Kathryn M. Stiles
Marketing & Communications; Community Relations

Phone: 805-955-7081

Email: kathryn.stiles@ah.org

Simi Valley Hospital
2975 North Sycamore Drive,
Simi Valley, CA, 93065

Request a copy, provide comments or view electronic copies of current and previous community health needs assessments: <https://www.adventisthealth.org/pages/about-us/community-health-needs-assessments.aspx>